

Guidelines for scheduling practice

We would like to provide some clarity around scheduling time for the 2020-2021 winter season.

We have 16 teams this year, which makes for a very tight timeline for practice sessions. The following days and times are available for team practices...

Monday- Mornings up until 1:00PM. After 1:00PM FIELD PREP. 1.5 hrs time slots

Tuesdays- NO PRACTICES

Wednesdays- NO PRACTICES

Thursdays- Games go most of the day. There may be 1 hour available at 3PM after the final game. NO field prep on Thursdays

Fridays- Team practices all day in 1.5 hour segments.

Saturday- Available to book on the website all day in 1.5 hour segments. Pickup games or general practice can be booked for 1.5 hours but may NOT be invitation only. All members must be allowed to participate. This can be done either on Saturday or on Sunday, but only 1 pickup game per week.

Sunday- Available to book on the website all day in 1.5 hour segments. Same rules as Saturday

Please note... all COVID protocols need to be followed during practice sessions and scrimmages as well.

NOTE: DUE TO THE HIGH NUMBER OF TEAMS, YOU MAY ONLY BOOK ONE SESSION AT A TIME. ONCE YOUR TIME SLOT IS UP, YOU CAN GO IN AND BOOK AGAIN. DOUBLE BOOKINGS WILL BE CANCELLED

** After 12PM on Thursday, it is OK to book a session for Friday if still open, even if you have already had one.

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